

Potensial iechyd
cyhoeddus ymyriadau
tai : A allai Cymru
arwain y byd?

The public health
potential of housing
interventions : Could
Wales lead the world?

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Nod a strwythur y sesiwn heddiw....

I drafod tai ac iechyd a rhannu gwybodaeth

Codi proffil materion ac annog ysgogiad newydd

Gofyn am farn a chwestiynau gan fynychwyr

Sesiwn a gyd-gadeirir gan Dr Dan Bowers, PDC

Session aim and structure today....

To discuss housing & health and share information

Raise profile of issues and encourage fresh impetus

Seek views and questions from attendees

Session co-Chaired by Dr Dan Bowers, USW



Cyflwyno'r panel ac elfennau allweddol...

Trafodaeth banel fydd y fformat ac wrth i bob aelod gyfrannu, byddant yn cyflwyno eu hunain

Trafodaeth banel mewn arddull cwestiwn ac ateb, pob un 20-30 munud yr un

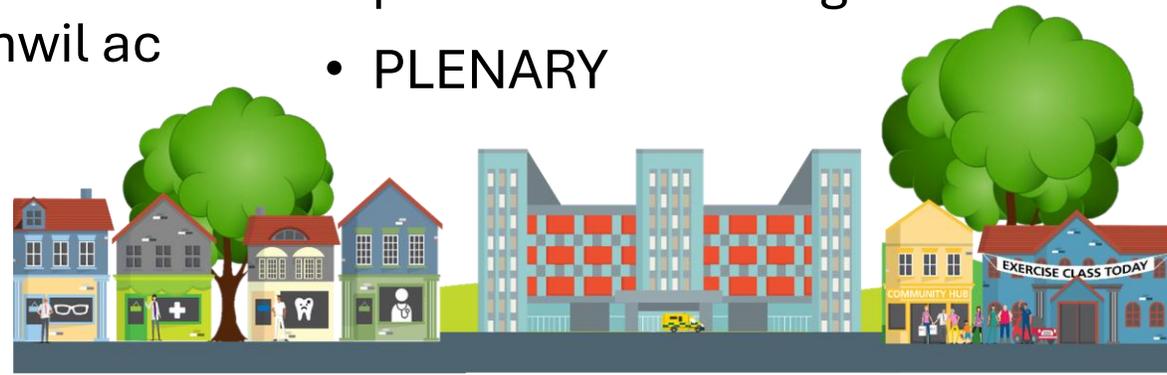
- Pwnc 1 – Cynhesrwydd dan do a chartrefi oer
- Pwnc 2 – Diogelwch dan do a risgiau cwmpo
- Pwnc 3 – Rhyngwyneb polisi, ymchwil ac ymarfer ym maes tai ac iechyd
- CYFARFOD LLAWN

Introducing panel and key elements...

Format will be a panel discussion and as each member contributes, they will introduce themselves

Panel discussion in style of question and answer, each 20-30 minutes each

- Topic 1 – Indoor warmth and cold homes
- Topic 2 – Indoor safety and falls risks
- Topic 3 – Interface of policy, research and practice in housing and health
- PLENARY



Cyflwyno'r cefndir

- Mae iechyd cyhoeddus yn aml yn canolbwyntio ar ffordd o fyw
- Effeithiau e.e. tymheredd, ansawdd aer, cwmpadau
- Y ffocws o fewn y GIG yn aml ar bwysau aciwt
- Triongl iechyd, tai a gofal cymdeithasol
- Costau anferth i'r GIG yn sgil tai gwael
- Hydref 1 Diwrnod Pobl Hŷn

Setting the scene.....

- Public health often focus on lifestyle
- Impacts e.g. temperature, air quality, falls
- Focus within NHS often on acute pressure
- Health, housing and social care triangle
- Massive costs to NHS from poor housing
- October 1 Older Person's Day



Pwnc 1 –Cynhesrwydd dan do a chartrefi oer

Pam ei bod yn bwysig bod pobl yn aros yn gynnes gartref yn ystod tywydd oerach?

Beth ydym yn ei wneud ar hyn o bryd mewn perthynas â hyn?

Beth arall sydd angen ei wneud ledled Cymru?

Rhannwch sylwadau / dolenni / cwestiynau yn y sgwrs

Eisiau cyfrannu? Codi llaw

Topic 1 – Indoor warmth & cold homes

Why is it important that people remain warm at home during colder weather?

What are we currently doing with respect to this?

What more needs to be done across Wales?

Please share comments / links / questions in chat

Want to contribute? Raise hand



Pwnc 2 – Diogelwch dan do a risgiau cwmpo

A oes gan hwn broffil digonol?

Pa arfer da sy'n digwydd ar hyn o bryd?

Sut gallwn ni 'ledaenu a graddio' hyn ymhellach?

Rhannwch sylwadau / dolenni / cwestiynau yn y sgwrs. Eisiau cyfrannu? Codi llaw

Topic 2 – Indoor safety and falls risks

Does this have sufficient profile?

What good practice is currently happening?

How can we further 'spread and scale' this?

Please share comments / links / questions in chat. Want to contribute? Raise hand



Pwnc 3 – Rhyngwyneb polisi, ymchwil ac ymarfer ym maes tai ac iechyd

Pa mor dda yw hyn yng Nghymru ar hyn o
bryd?

A oes unrhyw ddyblygiadau neu
hepgoriadau?

Sut gallai Cymru arwain y byd?

Rhannwch sylwadau / dolenni / cwestiynau
yn y sgwrs. Eisiau cyfrannu? Codi llaw

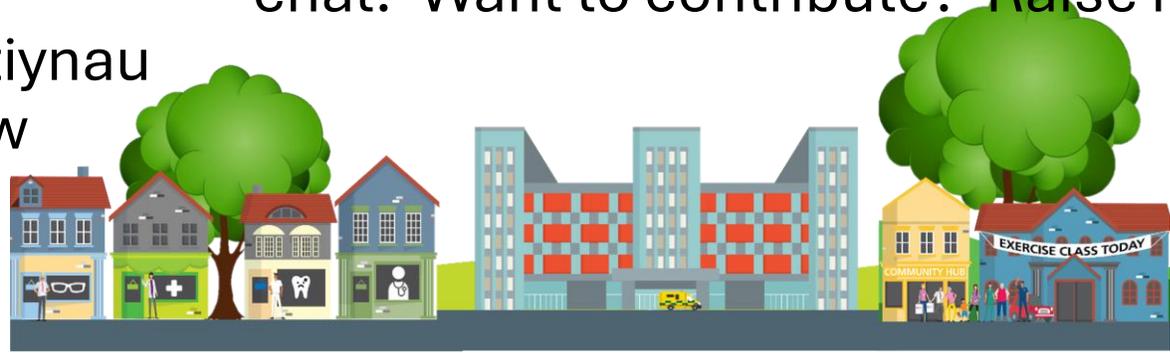
Topic 3 – Interface of policy, research and practice in housing and health

How well is this currently aligned in Wales?

Are there any duplications or omissions?

How could Wales lead the world?

Please share comments / links / questions in
chat. Want to contribute? Raise hand



Cyfarfod llawn....

Ar raddfa o 1-10, pa mor dda yr ydym yn ei wneud ar hyn o bryd o ran tai ac iechyd yn eich barn chi?

(Ticiwch un wedi'i raddnodi'n fras fel) 1 = gwael iawn 3 = gwael 5 = canolig 7 = gwneud yn dda 10 = arwain y byd

Ar raddfa o 1-10, pa mor dda ydych chi'n meddwl y gallem ni ei wneud o ran tai ac iechyd yn y dyfodol? (Ticiwch un). Beth sydd angen inni ei wneud i gyflawni hyn?

Unrhyw gwestiynau gan y gynulleidfa neu bynciau a drafodwyd neu rywbeth arall na thrafodwyd?

Plenary....

On a scale of 1-5, how well do you think we are currently doing on housing and health?

(Tick one calibrated broadly as) 1 = very poor 3= average 5 = leading world

On a scale of 1-5, how well do you think we could do in future housing and health? (Tick one). What do we need to do to achieve this?

Any questions from audience or topics discussed or something else not discussed?

