



# Plant a'r argyfwng costau byw

## Effeithiau ar iechyd a llesiant a meysydd gweithredu

11/10/23

# Children and the cost of living crisis

## Impacts on health and well-being and areas for action

11/10/23

# Risg o dlodi

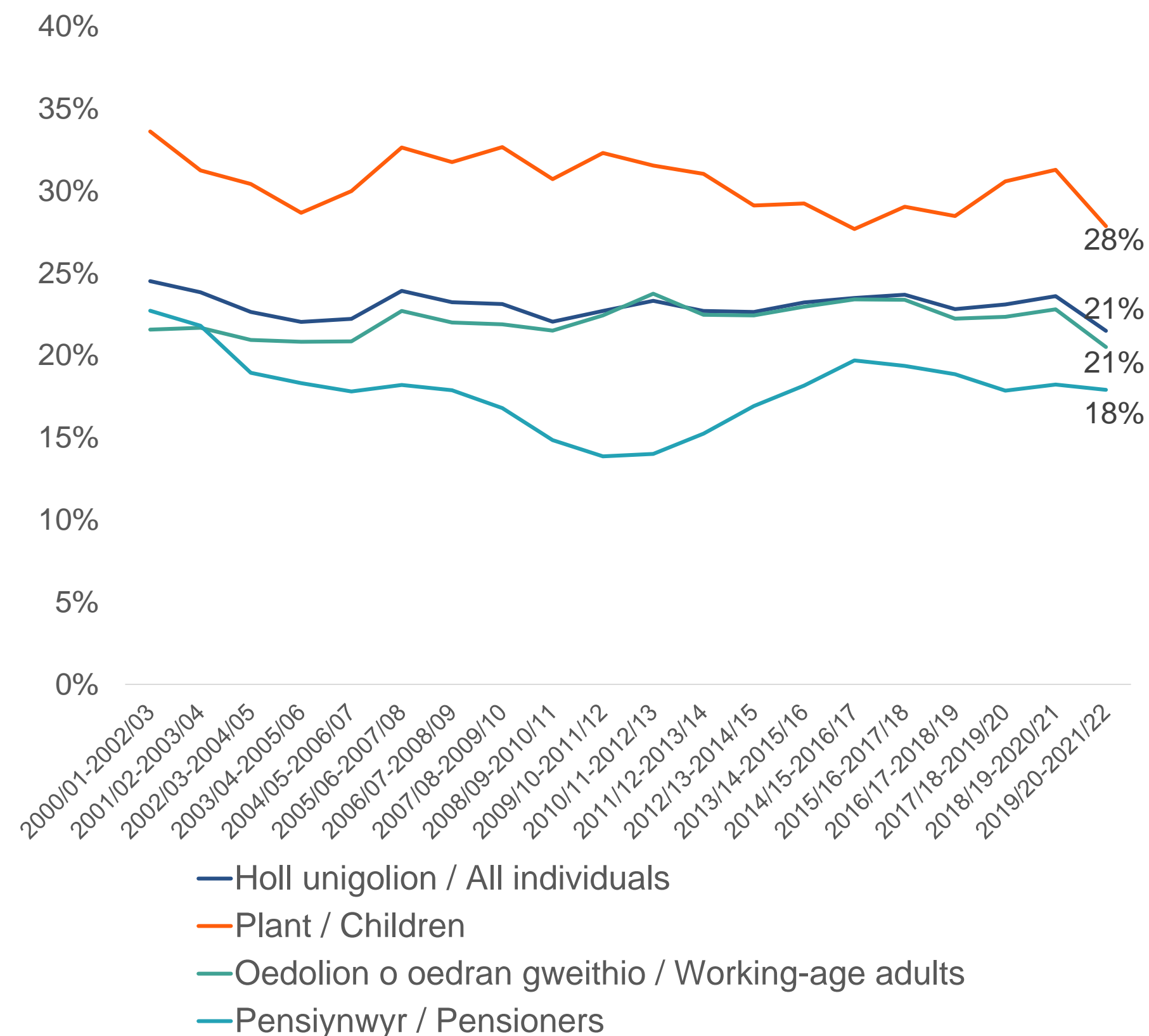
## Pwy sydd mewn perygl arbennig?

Mae gan blant y risg uchaf o dlodi o bob grŵp oedran yng Nghymru. Mae plant sydd mewn mwy o berygl o fyw mewn tlodi incwm cymharol yn cynnwys plant mewn teuluoedd mwy o faint, plant mewn teuluoedd un rhiant a phlant sy'n byw ar aelwydydd heb waith.

# Risk of poverty

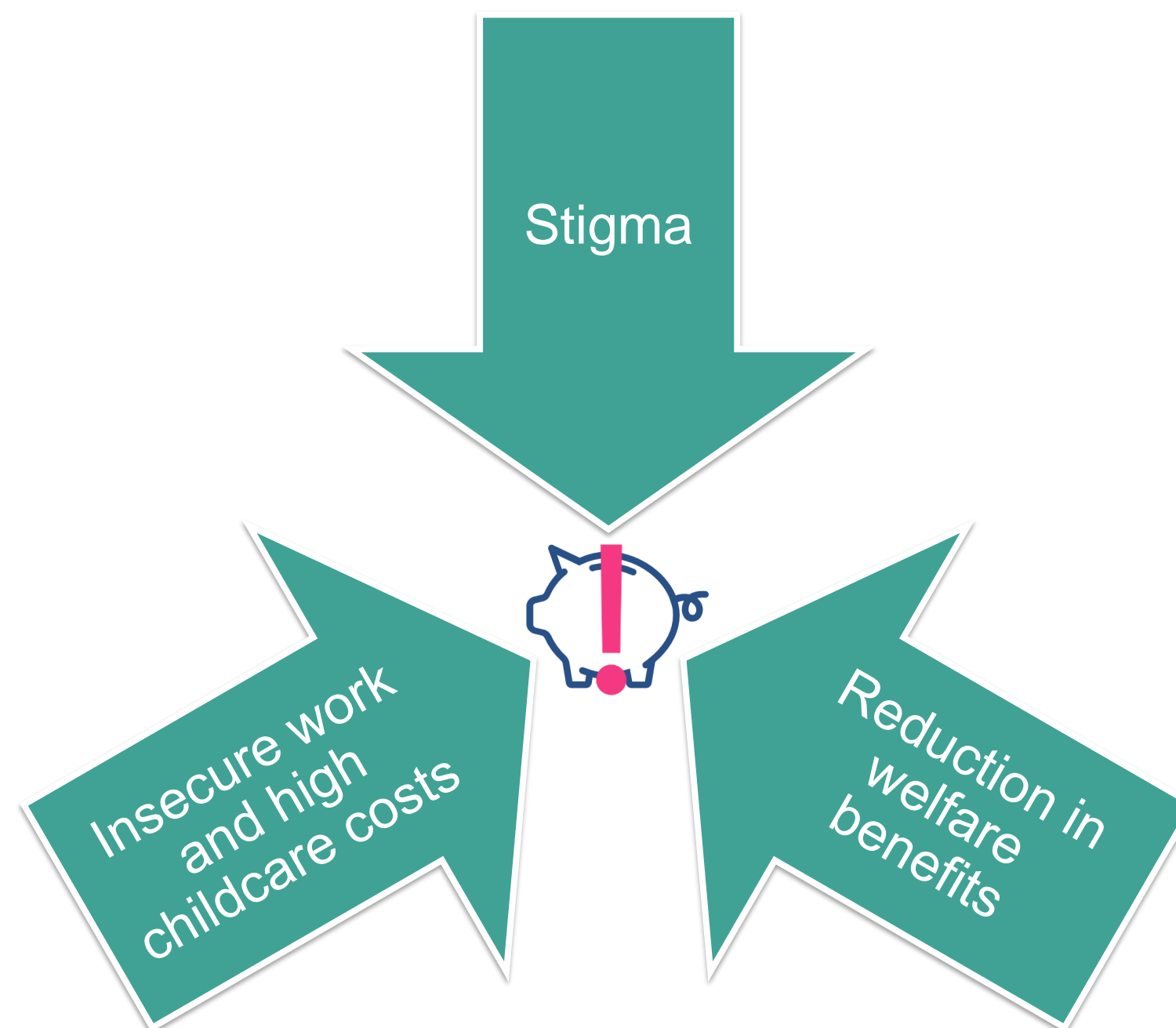
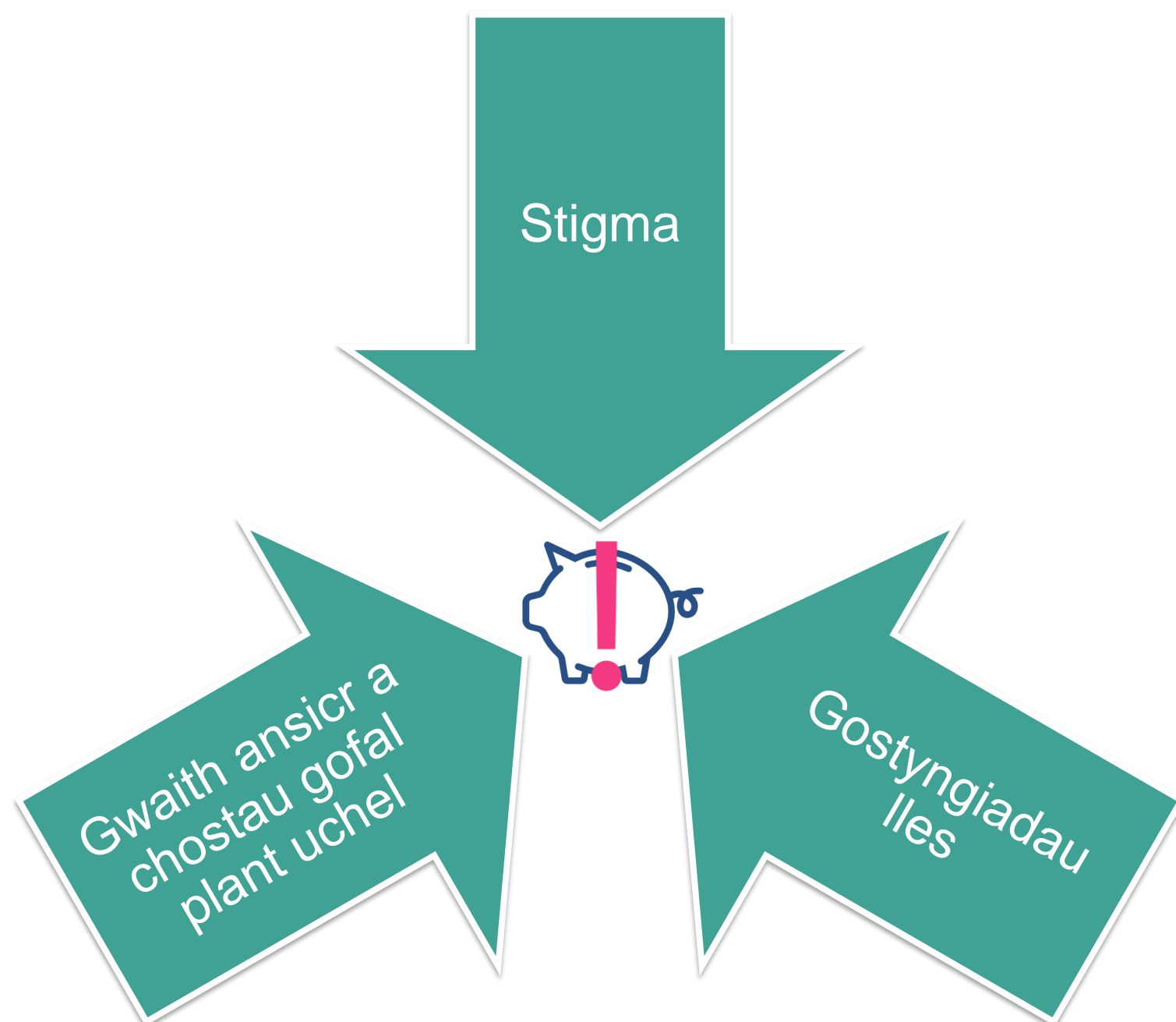
## Who is particularly at risk?

Children have the highest risk of poverty of all age groups in Wales. Children at higher risk of living in relative income poverty include children in larger families, children in lone-parent families and children living in workless households.



# Pam fod plant a theuluoedd mewn perygl arbennig?

# Why are children and families particularly at risk?







# Polisiïau i arwain yr ymateb

# Policies to guide the response



# Ymatebion polisi posibl

## Meysydd gweithredu blaenoriaeth



# Potential policy responses

## Priority areas for action



# Negeseuon allweddol

# Key messages

Mae'r argyfwng costau byw yn argyfwng iechyd y cyhoedd

Mae'r effaith ar blant yn haeddu sylw penodol a brys

Mae angen gweithredu cydunol a chydgyssylltiedig i sicrhau nad yw gweddill bywydau plant yn cael eu llywio gan yr argyfwng presennol

Mae Strategaeth Tlodi Plant Cymru ddrafft Llywodraeth Cymru yn cynnig cyfle i adnewyddu ymdrechion i leihau tlodi plant

Dylai ddull iechyd y cyhoedd at yr argyfwng roi cyfiawnder cymdeithasol, iechyd a chynaliadwyedd wrth galon pob polisi

Mae angen i roi'r dechrau gorau mewn bywyd i bob plentyn a chydabod y gall anfantais ddechrau cyn geni a chronni dros gwrs bywyd fod yn brif flaenoriaethau

The cost of living crisis is a public health emergency

The impact on children warrants specific and urgent attention

Concerted and coordinated action is needed to stop children having the rest of their lives shaped by the current crisis

The revised Child Poverty Strategy for Wales offers an opportunity to renew efforts to reduce child poverty

A public health approach to the crisis needs to put social justice, health and sustainability at the heart of all policies

Giving every child the best start in life and recognising that disadvantage can start before birth and accumulate over the life-course need to be overriding priorities



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Cymru  
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Wales

Gweithio gyda'n gilydd  
i greu Cymru iachach

Working together  
for a healthier Wales

